Hope

HELPING OLDER PEOPLE ENGAGE

HOPE project is a free service for people over 55 living in the Dundee area.

Our staff are able to use their knowledge and experience to help you stay independent, safe and active. We can help you with:

- Arranging welfare/benefit checks to maximise your income
- Housing advice and assistance in completing applications
- Arranging occupational therapy aids and adaptations
- Connecting you to activities or events in your area
- Community alarm referral
- Meal service/food train
- Being referred to befriending/morning calls/group activities/day care
- Blue badge applications
- Arranging advice on utility cost and warm home discount

These are only a few examples of what we can support you with and we can help you with much more!

To arrange a visit in the comfort of your own home please contact one of our community engagement workers:

Maureen

Tel: 0300 123 2640

Mob: 07452916337

Email: Hope@hillcrest.org.uk

Dawn

Tel: 01382 484562

Mob: 07710709853

Email: dawn.balfour@caledoniaha.co.uk

WORKING TOGETHER IN PARTNERSHIP

Hillcrest Homes

Caledonia Housing Association

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