

Abertay

Sheltered News



Summer
2014

Changes to the Sheltered Service

You may recall that Abertay reviewed the sheltered service last year in light of a "Supporting People" funding cut of 5%. Unfortunately there has been a further cut of 3% this year so we have had to look at all the options to address this shortfall.

Abertay wants to retain its sheltered housing as we know it is popular. When reviewing the service we looked at the recent satisfaction survey and have taken into consideration what you told us were the most important aspects of the service to you which were:-

1. Safety and Security

2. The Emergency Alarm call system

3. Your Independence

Staffing is the greatest Supporting People cost so we looked at this area to see what changes could be made to both maximise savings but have minimal effect on you based on the 3 most important aspects of the service you told us about.

A recent Scheme Manager retiral at Fintry Mains has allowed us to reduce the staffing level by one and change the Floating Scheme Manager post from full time to 4 days a week which has enabled the Association to make the necessary savings. However we are aware that this means not all complexes can be covered full time particularly with holidays etc. so to do this, Scheme Managers will need to be more flexible by covering other schemes when staff are on holiday, off sick or in the Scheme part time.

We recently carried out Roadshows in all the sheltered schemes to discuss these changes with you and how they may effect you. We are aware not all of you could attend so the following is a brief summary of the changes as from 1st July 2014:

There will be two main sheltered schemes (or hubs), Fintry Mains in the East and Dryburgh Gardens in the West:

- Patons Lane and Gordon Street complexes will be linked to Dryburgh Gardens
- Dura Street, Caldrum Street and Rosebank will be linked to Fintry Mains
- Dryburgh Gardens and Fintry Mains will operate full time and co-ordinate emergency calls from the schemes within their hub.
- Your Scheme Manager may be covering other schemes either part time or in the event of holidays or sickness absence.
- All emergency calls will be answered and responded to even though the Scheme Manager may be off site
- Key Fob entry is being introduced to all sheltered complexes so tenants will still have weekday access to the lounge and laundry facilities even though their Scheme Manager may not be in attendance.

If you need any further information about the changes then please contact Fiona or Veronica by phoning Tel No. 513805.

Caldrum Street



December – We had an afternoon tea party in the complex with buffet and a visit from Santa. We also joined tenants from Rosebank at The Letham Hotel for Xmas dinner and entertainment by Alex Martin.

January – We held our usual Scottish night with 3 course meal and entertainment by Rab & Eddie.

February – There was a sale in the lounge of Brantano Shoes. We attended a Social night at Club 83 with tenants from Fintry, Dura St and Gordon St with finger buffet & entertainment by Albert Williamson.

March – Tenants, George & Nan Honeyman celebrated their Diamond Wedding Anniversary. We held an afternoon tea party in the lounge and the Lord Provost visited and representatives from Abertay presented the happy couple with a lovely bouquet of flowers. We also held a pie and bean night followed entertainment from The Twa Tenors.

April – We held a Stovies and quiz night in the lounge with £5 gift vouchers for each of the winning team and wooden spoons for each of the team with the lowest score.

May – In May we had a Bus Drive to The Letham Hotel with high tea, bingo and entertainment. We also held a Social Night in the Complex with finger buffet and entertainment by Graham Leslie.

June – We joined tenants from Rosebank, Fintry and Gordon Street on a drive to Arbroath with High Tea, bingo & entertainment by Rab & Eddie.

Our regular events continue with Bingo, Line dancing, Zumba Gold, Beauty Therapy, Games & Arts & Crafts.

Dryburgh Gardens

Our Xmas Fayre in November raised £1000 and in December there was a week of festivities– Xmas lunch in the lounge, and Xmas party in the Queens Hotel where there was a visit from Santa and his helpers.

We also had a Xmas buffet in the lounge with entertainment by the Twa Tenors, Carol singing with Dundee instrumental brass band and Scottish champagne breakfast. Santa was presented with a sleigh full of toys for Radio Tay Caring For Kids Campaign. December was a very busy month!!

There was a Burns lunch in the lounge in January and in February we held a Valentines lunch, soup & pudding lunch and film afternoon showing Sunshine on Leith. Everyone enjoyed the DCA film afternoon where they saw the Book Thief then it was onto the Deep Sea Restaurant for high tea.

In March there was a St. Patricks day lunch, a daffodil afternoon tea followed by a game of catchphrase hosted by Scheme Manager Mary Kelly

Mr & Mrs Whitton celebrated their Diamond wedding with a celebration in the lounge. There was also a film afternoon and we said farewell to our temporary lounge.

For April we held an Easter lunch in the lounge, residents donated Easter eggs to Home Start a charity in Dundee. Residents invited McGill's staff to the complex for bacon rolls on their last day in Dryburgh Gardens.



Dura Street



November – St Andrews Day party was enjoyed by all where all sang and danced to the music of Scotland and enjoyed a plate of stovies.

December – We had our annual Xmas Fayre which raised £436 for the tenants comfort funds and Councillor Craig Melville drew the

winning raffle tickets. We also had the tenants Xmas Party where Santa and his little elf helper presented the tenants with their presents.

January – A quiz night was held in the complex and the winning team are seen being presented with the shield by quizmaster Doug Barron

February – Fintry Mains complex invited Dura Street and two other complexes to a Valentines Night in Club 83. A great night was had by all.

March – A Spiritualist Evening was held in the complex with a good turn out of tenants and guests.

April – Brenda Muir and Agnes Clark enjoy dancing at a social evening where entertainment was provided by Jay Henderson.

The first estate walkabout was held in April with Housing and Maintenance Officers along with tenants. They came up with a considerable list of issues that could be addressed to help improve the area.

May – Another very successful Prize Bingo Evening in aid of the tenants Comfort Fund was held and £145 was raised.

June – Finally we had a bus trip to Queens view and Pitlochry and a good time was had by all.



Care inspectorate announcement

Abertay Housing Association is pleased to announce the positive outcome of the Care Inspectorate’s recent unannounced visits to two of their seven sheltered schemes, which took place in March. An overall rating of ‘very good (5)’ was awarded for each of the three quality standards – Staffing, Care & Support and Management & Leadership, including three individual top scores of ‘excellent (6)’. The Care Inspectorate said “This is a well run and high quality service which is committed to promoting tenant involvement, safety and community involvement”.

Senior Management acknowledge that the tremendous results achieved are due entirely to the hard work and dedication of Sheltered Scheme Managers and Housing staff who are thoroughly committed to enhancing the quality of life in our communities. We are very proud of the quality of service we provide to our tenants and we are pleased that this has again been recognised by the Care Inspectorate.



A word from Tayside Fire Service



SCOTTISH
FIRE AND RESCUE SERVICE
Working together for a safer Scotland



The number of false fire alarm calls is increasing and Firefighters answering a false alarm could be delayed in saving lives in the event of a real fire.

So please remember

- Keep Kitchen doors closed whilst cooking
- Regularly clean cooking appliances
- Open kitchen windows or use the extraction fan
- Never use sprays directly under smoke detectors (hairspray, deodorants, air fresheners etc.)

- Avoid using candles or incense sticks
- Keep Bathroom doors closed as steam from bathrooms/ showers can set alarms off

In addition to the above,

Never drink alcohol and cook and;

Never leave smoking materials unattended

If you would like a free Home Fire Safety Visit for more advice then please contact your Scheme Manager who will be happy to arrange this for you.

Fintry Mains

November – St Andrews Night was celebrated in the complex lounge. We had a Fish Supper Night then we were entertained by Jay Henderson.

December – was a busy month with Xmas Raffles and Xmas Party which was held in the complex. Always a great success, tenants are waitress served by caterers and they had a new Santa this year. One of the newer tenants was Santa and he very kindly obliged to hand out small Xmas gifts.

January – Typical beginning to the year at Fintry Mains a Hogmanay Party was held in the complex, a few of the tenants came along, they had a small buffet and saw the New Year in with a wee dram. Burns Night was also held in the complex.

February – St Valentines Night was held at Club83 in Dundee. This was a joint Social Event along with Caldrum and Dura Street tenants.



March – St Patrick's night was held in the complex. Complex was decorated by the tenants and as normal Jay Henderson was dressed for the occasion.

April – High Tea at the Park Hotel followed by a musical show (All our Yesterdays) at the Whitehall Theatre.

Gordon Street

The Festivities in December began with the Christmas shopping trip to McArthur Glen with high tea at Inchtute Hotel on the way home. Then there was the Christmas raffle always a hit with tenants and friends The Big Night of the year was the Christmas Party Night at The Red House Hotel in Coupar Angus, with Rab Clark entertaining.

Into January and the Tenants New Year Party was a good start to the year with Jay Henderson getting everyone into the party spirit.



Burns Night was a great success with new entertainer Joe Mackay keeping everyone going, the new wooden floor saw our two most senior ladies up having a waltz around the room for the first time in

many years. Burns Supper from Scott Brothers.

In February we had the Valentines Party night with other complexes at Club 83. With Rab Clark playing for us all.

In March there was a St Patricks celebration in the complex ,with an Irish themed meal from Scott Bros. and entertainment by Jay Henderson.

April we had a joint trip with Patons Lane and Rosebank complexes to the British Legion in Blairgowrie with music from Albert, a great time was had by all.

In May the tenants are starting off the bus trip season with a trip to Ikea with High Tea at Inchtute Hotel on the way home.



Rosebank

December - We had a joint Xmas night out with Caldrum Street. We went to the Letham Hotel for a 3 course meal and entertainment.

- The Free Voice Choir came along to the complex to entertain us. They sang Xmas carols and we also had a sing along. We had a small buffet afterwards and a wee blether.
- We had a visit from Derek and Gloria Shaw, they used to have Shaws sweetie factory in Dundee. They came along to give all the tenants a box of chocolates.



January – we had a burns night celebration. We had a lovely meal and Rab entertained.

February – Tenants were all invited to a party at the Downfield club. Everyone had a good time.

March - Had St Patrick's party. Fish suppers and entertainment by the Twa Tenors

April – We had a joint night out with Paton's Lane and Gordon Street. Went to Blairgowrie for high Tea and entertainment

- Had a visit from the community wardens. They came along for a chat about keeping yourself and your money safe.

O.P.E.N. has awarded Rosebank money to keep our beauty therapy and gentle exercise going for the next 6 months. We have gentle exercise every Friday and beauty therapy once a fortnight.

June – We had a joint drive, a night out at the Caird Hall for SAFA and a night at the Little Theatre to see Margaret Mathers.

Patons Lane

December - A Christmas party was held at the West Park Centre and afterwards a party was held at the complex with raffles and Bingo to end a lovely day which was enjoyed by all. A Christmas lunch was also held at the complex.

January - A Burns Supper was held at the complex. A traditional haggis 3 course meal was served followed by a Scottish quiz and a wee dram to toast Rabbie.

February – Pie and beans and The Twa Tenors entertained at the complex. Great night with singing and dancing. The Twa tenors always go down a storm. We plan to have them back to Patons lane later in the year.

March – A film night was held at the complex. Popcorn and ice creams went down a treat. The film nights are very popular with the tenants so more are being planned for the Autumn.

April – Fish Supper night along with Bingo was held at the complex. Always a favourite and very well attended. An Easter egg party was held. The tenants had such fun with the egg and spoon race.



April – A joint trip with Rosebank and Gordon street complexes was held at the Blairgowrie British Legion Club. High tea was served with entertainment by Albert. A brilliant night.

May – A V.E. day celebration was held at the complex. Meals were provided by Tay Cuisine. Bingo and singing and dancing finished off a brilliant evening. One of the tenants Jean Flynn made cup cakes to mark the occasion.

Glasgow 2014

XX Commonwealth Games Wordsearch

G M X A C G N J Q C Y Q G W G
N G X Q Y N U X U W H L R N Z
O P P X C I A S Z D A Z I T E
A X S D L X X B J S O W G T I
E C L U I O G S G O O F K D A
P W A A N B Z O W R W B A T N
F L K F G U W C G I G Z T Y K
Y W W C P T X I M W M K I X L
Q E G S H O O T I N G M F B U
T U P T O H S T Q H B I I A A
N R J F O S X U V C E L K N A
Q N D I M A D G C H A X S S G
W H Z B O E S S E S B F G V I
B A T O N Q I U G Y I K P U T
A W Y O A A J D I I X D H U I



BATON
BOXING
CYCLING
DISCUS
GLASGOW
JUDO
ROWING
SHOOTING
SHOTPUT
SWIMMING

Dates for your Diary



Our Estate Walkabouts have already started and are proving popular with residents. It gives residents the opportunity to walk the estate with a Housing Officer, Maintenance Officer and the Sheltered Scheme Manager and highlight any issues they may have.

Estate walkabouts are an important aspect of our commitment to involving residents. So we would love for you to join us and have your say.

Here are the dates and times for the following areas:

9.30 a.m. on 30th July at Dryburgh Gardens

9.00 a.m. on 13th August at Patons Lane

2 p.m. on 13th August at Gordon Street

9.30 a.m. on 27th August at Fintry Mains

9.30 a.m. on 3rd September at Rosebank

9.30 a.m. on 24th September at Caldrum Street

9.30 a.m. on 15th October at Dura Street.

All walkabouts will start at the complex.

FEEDBACK : Now you have reached the end, thank you for taking the time to read this newsletter! Abertay would be very interested in knowing what you think about it. This newsletter is all about you and the sheltered service you receive so, again, please tell us what articles or news items you would like to see in future editions?

Talk to your Scheme Manager and give them your ideas and comments.

Abertay Housing
Association Limited
is a Registered
Charity
SC 013052

147 Fintry Drive,
Dundee DD4 9HE

Tel: 01382 903545
Fax: 01382 903578