

# Abertay

## Sheltered News



Summer  
2016



### A celebration was held to mark the opening of a new garden at Dryburgh Gardens sheltered housing.

This was a joint project between Abertay and Helm Training with funding from the People's Postcode Lottery. The garden was planned and built by trainees from Helm Training. The opening was attended by around 30 residents with the ribbon being cut by Dryburgh Gardens' oldest resident, Mary alongside James from the Helm project.

## Care Inspection

Abertay's Sheltered Service was inspected on the 24th March 2016, where the inspection looked at three main areas. The Care Inspectorate grades range from 1-6 one being poor and six excellent.

The three main areas were graded as follows.

**Quality of care and support - 6**

**Quality of staffing - 5**

**Quality of leadership and management - 5**

Abertay's grading was very good to excellent, which is our best ever grading, and the highest grades of any Sheltered Service in Dundee. A big congratulations to staff and tenants from all our Sheltered Service.

### Abertay's Annual Sheltered Roadshows: Timetable

**Tuesday**  
**5th July 10.30am**  
**@ Dryburgh Gardens**

**Wednesday**  
**6th July 2pm**  
**@ Caldrum Street**

Sheltered roadshows will be held in two complexes this year where tenants from all sheltered complexes will be invited to attend.

You can choose which venue and date that best suits you and transport will be provided for all who wish to attend.

**For further information please call**

**Fiona Ferguson**  
**on 01382 903545.**

## Dryburgh Gardens

**January** We held a Burns Lunch in the complex which was thoroughly enjoyed by all who attended.

**February** Love was in the air on the 15th February as we celebrated with a Valentines lunch.

**March** This was a particularly busy month for entertainment. We held a Fish Night with a 50/60s disco prize for the best outfit from that era. There was also a St Patrick's lunch and I think the photographs show what a fun time it was. We also held a Pie & Beans Tea with entertainment from the Happy Uke's Ukulele band. The month ended with a presentation of donated Easter Eggs from our Residents, Family and Friends to the Home Start Charity.

**April** In early April we held a Daffodil Afternoon Tea with all in attendance enjoying a really lovely afternoon. We also held our Spring Lunch which was also very well attended. Later in the month we hosted a Beetle Drive and the photographs prove what a fun time was had by all although some scary beetles were on show.

**May** A special event took place on the 16th May. There was a Champagne opening of our garden project which has been funded by the People's Postcode Lottery and work carried out by the HELM Project. Our oldest resident 96 year old Mary and James, one of the young men who worked on the project, cut the ribbon to open the beautiful garden which we know our residents will enjoy.



## Caldrum Street

All of our Christmas events went very well.

**January** We held our first ever Hogmanay party. We had a finger buffet and one of our tenants provided entertainment with karaoke. A great night that the tenants would like to see repeated in future.

The tenants held a Scottish Night in the lounge, they enjoyed a 3 course meal and entertainment and the night was enjoyed by all who attended this annual event.

**February** We started a new weekly event. We have a social afternoon on Wednesday's at 1.30pm. We kicked this off with a movie afternoon with popcorn and hotdogs. We agreed to have a movie every 2 weeks and a social gathering reminiscing on the alternate weeks.

**March** Supply Warden Kay Skelly was retiring so we held an afternoon tea party to say our farewells. Kay will be missed by all who knew her.

We held a fish supper night in the complex followed with entertainment by Alex Martin.

**April** We did not have a special event in April due to committee commitments elsewhere.

**May** In May we had a pie, bean and quiz night in the complex.

**June** In June we are joining tenants from Fintry and Rosebank for a bus trip to Arbroath British Legion.

We are in the process of planning monthly events for the rest of the year.

Our regular events continue with Bingo, Line dancing, Zumba Gold, Beauty Therapy, Games, Social afternoons & Arts & Crafts, all of which are well attended by tenants and the wider community.



# Fraud alert!

We have been made aware that a woman has been calling at properties in the Fintry area pretending to work for Abertay Housing.

Please be extra vigilant when answering your door.

All members of staff will carry photographic ID and if you are still unsure don't hesitate to contact us at the office on **01382 903545** to confirm someone's identity and reason for being at your property.

**Do not let anyone enter your property unless you are sure of who they are!**



## Dura Street

**December** Dura Street held their Christmas party at the Woodlands Hotel which was enjoyed by all who attended it. They had a lovely Christmas meal followed by entertainment from Lynn McTaggart.

**January** This was a quiet month; however, tenants still had bingo and aromatherapy sessions which were well attended.

**February** Again this was another quiet month but our tenants still enjoyed their bingo and aromatherapy sessions.

**March** Tenants enjoyed a St Patricks Day Party in the Complex. They really loved the entertainment from Rab Clark and delicious buffet from Nicolls Bakery.

**April** Tenants enjoyed some Spring maintenance with residents in Dykehead Place and Brougham Gardens getting new windows and having doors replaced. They all seem very happy with the work that was carried out. There was also a facelift for the garden at the front of the Complex with new railings and new stones being laid.

### Upcoming events

There is to be a bus trip to Glendoick Garden Centre and Berry lunch in the complex.



## Fintry Mains

**November** We celebrated as one of our tenants Martha had her 80th birthday. Tenants presented her with flowers, a card and a birthday cake. The tea and cake were enjoyed by all in attendance as they helped Martha celebrate this happy occasion.

**December** A Christmas party was held at the complex with a 3-Course meal provided and served by external caterers. Entertainment was by Jay Henderson with Santa and his elves arriving during the party to present gifts to the tenants. As always this was a successful event.

**February** Tenants enjoyed a trip to The Park Hotel for high tea and then on to Club 83 for Bingo and dancing.

**March** A St. Patrick's night was held in the complex with a meal provided and entertainment by Rab Clark. As always Rab was very well received and the singing and dancing was the order of the evening. The event was very well attended.

**April** An Easter party took place along with an Easter bonnet competition. Our regular activities continue with Bingo, Beauty therapies, Lunch Club, tea and toast mornings and Craft class.



## Gordon Street

**January** The annual New Year Party for tenants was held in the Complex, and a great evening was had by all with a buffet and entertainment by Jon McLaughlin.

**February** This was a relatively quiet month with tenants going to the DCA film shows and out to Nichols for tea. There were no in-complex activities except the usual Bingo, Film nights and Beauty Therapy.

**March** St Patricks Party is always a hit with the tenants and a great time was had by all, with Rab Clark entertaining and a delicious buffet from Nicoll's.

**April** Our residents enjoyed a 'wee cup of tea afternoon get-together' to say goodbye to Kay on her retirement. Kay will be sadly missed as she was so popular with all of the tenants. Twelve of our tenants enjoyed Tea at Medina before attending the Whitehall Theatre to see Patsy Cline. They thoroughly enjoyed their night as this is such a popular venue with great entertainment.

**May** A number of tenants enjoyed a trip to the Falkirk Wheel followed by High Tea at the Park Hotel.

### Upcoming events...

There are also plans to visit Verdant Works soon.



## Patons Lane

**December** Patons Lane, Gordon Street and Rosebank tenants all got together at the Camperdown Lodge to enjoy a lovely Christmas dinner and entertainment from Lynn McTaggart.

**January** January was a quiet month at the complex, however tenants still enjoyed in house activities such as beauty therapy, bingo and games night.

**February** Tenants enjoyed a stovie night and some Scottish music.

**March** The tenants all donated Easter eggs to Home Start Dundee, one of the families they helped came down to visit the tenants at the complex, and all enjoyed a blether and cuppa.

St Patrick's night was a good laugh and everyone had a great time, they had a pie and beans night followed by live entertainment from Rab Clark.



### April

Tenants enjoyed a clothes show party from Bare Essentials, and enjoyed some in house shopping.

Also the tenants had a daffodil afternoon tea, where everyone come together and enjoyed a buffet, raffle and followed by a game of bingo.

We also had a fish and chips night from Victors fish and chip shop, which everyone loved. That was followed by live entertainment from Rab Clark.

### Upcoming events...

Karaoke night, with games, like; Name that Tune, buffet from Nicoll's and a cabaret act.

A bus trip is also being organised.



## Rosebank

**November** Tenants had a joint drive with Caldrum St to the retail outlets in Livingston. We stopped at the Inchturk Hotel, for high tea, on the way home.

**December** We had the Free Voice Choir at the complex for some carol singing. There was a buffet and drinks afterwards.

We had our Xmas party with Paton's Lane and Gordon Street in the Camperdown Lodge. Entertainment was by Lynne McTaggart.

**January** Burns night at the complex with traditional haggis, tatties and neep. Entertainment was with Rab Clark.

One of our tenants, Owen, was presented with a voucher for Asda as a thank you for direct debiting his rent.



**February** Two of our tenants, Sheila and Shug, celebrated their 60th wedding anniversary. They had a visit from the Lord Provost, a telegram from the Queen and flowers from Abertay.

They had a party on the Saturday before their anniversary and a cream tea on the day.



# Dundee Landmarks Wordsearch

CAIRDHALL	RRSDISCOVERY
CAMPERDOWNPARK	TAYRAILBRIDGE
DUNDEELAW	THEHOWFF
HMSUNICORN	VERDANTWORKS
MAINSCASTLE	

L U P E L T S A C S N I A M D  
 N R O C I N U S M H U E X I E  
 S F G Y H A W I P V R T T G P  
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# Staff Changes

We celebrated the retirement of Kay Skelly who was employed with Abertay as relief scheme manager for over 13 years. We all wish her a long and happy retirement.



We also said a sad farewell to Mary Kelly scheme manager who has left Abertay after 5 Years.

We all wish Mary a happy future.



## Would you like to have a say?

If you would like to get involved and want to be active in Abertay's service provision you can join our Register of Interested Tenants. There are a number of ways Interested Tenants can be involved:

Customer Surveys	Walkabout Inspections
Local Tenant/Focus Groups	Armchair Membership

If you feel you can get involved in any of the above please contact Sharon Clinton 01382 903545.

**FEEDBACK :** Now you have reached the end, thank you for taking the time to read this newsletter! Abertay would be very interested in knowing what you think about it. This newsletter is all about you and the sheltered service you receive so, again, please tell us what articles or news items you would like to see in future editions?

Talk to your Scheme Manager and give them your ideas and comments.

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