

Abertay

Sheltered News



August
2012



Fintry Mains



Caldrum Street



Patons Lane



Rosebank



Dura Street



Gordon Street



Dryburgh Gardens

Welcome to this first edition of our new Sheltered Newsletter.

This will be used to provide sheltered tenants with news and information relating to the sheltered service we provide.

We have entitled the first edition "Abertay Sheltered News" but we are looking for suggestions for a new title for future editions. If you have any thoughts for a new title, and or ideas or suggestions for any subject you would like covered then please speak to your Scheme Manager. And the best bit - there may be a small prize for the best title!

Caldrum Street

April Tenants enjoyed a trip to the Whitehall Theatre to see "All Our Yesterdays". We also had a presentation/talk on SCAMS in the lounge.

May We held a fun day fundraiser to raise funds for Diabetes UK and Glenlaw House. The day started with a sponsored walk around the estate, then into the lounge for refreshments with musical bingo, quiz, and a magic show.

The day ended with Keith Norrie being the target for wet sponges.

A great day was had by all and we raised £600 for our good causes.

June June was a busy month, we presented Liam and Robin of ASC with £200 for Glenlaw House and Heather and Val from Diabetes UK with £400 raised at our fundraising fun day.

We held a Royal Jubilee garden party, with a finger buffet and Pimms and Punch for refreshments.

Our weekly sessions continue to be popular with tenants enjoying Line dancing, Zumba Gold, Games, Lunch club and Beauty therapy.

GOOD NEWS!! We have just been awarded £5910 from Awards for All for Beauty Therapy and Zumba sessions, board games, Wii console and games and for an Arts and Crafts Tutor and related materials.



Dryburgh Gardens

April We held a film afternoon in the lounge which everyone enjoyed and our monthly

themed Easter lunch was well attended by tenants and friends, was enjoyed by everyone.

A Prize Bingo night was held in aid of Glenlaw House and raised £330.

May Everyone enjoyed the VE day lunch held in the lounge.

June June was a busy month at Dryburgh Gardens as we had a week of Royal Celebrations. Daily events started with a Royal Lunch then Royal Bingo, Diamond Jewellery Sale,

Afternoon tea at the Ritz finishing on Friday with a Champagne Royal Breakfast. What a hectic week that was!

We even managed to fit in a coach trip to Pitlochry which everyone enjoyed..

Our weekly activities continue to be well attended and include Bingo, Zumba Gold, Craft Class and Carpet Bowls.



Dura Street

April Now for something completely different - a number of tenants and friends enjoyed a Spiritualist Evening in the lounge.

May A Pie and Bean night with Jay Henderson providing the entertainment was enjoyed by everyone. Tenants also enjoyed a visit to St Andrews Aquarium to meet the many inhabitants this was followed by High Tea in Anstruther.

June Everyone enjoyed a coach trip to the Falkirk Wheel.

A Quiz Night was held with "Top Hats & A Crown" lifting the shield, during the

evening Chrissie McDonald gave us a song accompanied by Jim Clark.

Fundraising events were held and Robin Bell of ASC was presented with a cheque for Glenlaw House.

Weekly activities continue to be held in the lounge, these include Breakfast (Tea & Toast), Bingo, Aromatherapy sessions, Lunch Club, Wii games and Chair Aerobics. There is also Friday afternoon Movie Show on the big screen.

GOOD NEWS!! In April, Dundee Partnership awarded £3000 for aromatherapy & Reiki and chair aerobics sessions.





Fintry Mains

April April was a busy month, we had a trip to the Royal Yacht Britannia it would have been a great day out had it not been the usual rotten weather. However it was a great experience. The tenants also had a Fish Supper Night in the complex with entertainment provided by Jim Christie it was another good night.

May The tenants along with Mel, Robin and Liam from Abertay did a sponsored walk around the outskirts of Fintry in aid of Glenlaw House.

June We celebrated the Queens Royal Jubilee it was a great night.

There was a meal served and we were entertained by our very own queen Jay Henderson. Tenant Derek Linton received a knighthood.

Weekly Events in the lounge continue to be popular these include Bingo sessions, Tea & Toast mornings, the Wednesday Lunch Club, and Friday is Craft Class in the afternoon.

We also have Beauty Therapy every second Monday.



Gordon Street

April We held a Fish Supper Night and 22 tenants enjoyed a fish tea followed on with a hilarious night of running around playing a Beetle Drive.



May There was a coach trip to Blairgowrie for tenants and friends with a sightseeing tour of Glamis and the countryside followed by High Tea at the Angus Hotel.

We also had information sessions from Deaf Action and DEEAP. Tenants have benefitted from these sessions, in particular thanks to DEEAP as several tenants have already had electrical goods replaced.

June A lunch to celebrate the Queens Diamond Jubilee was held in the lounge. Tenants and friends got into the party spirit with Union Jack outfits and decorations and even got their photo in the Courier.

Tenants were treated to tea from their funds, at Doc Stewarts pub followed by

an evening at the Logie Club for those who were up for it.

Weekly activities continue to be supported by tenants with Beauty Therapy, Games, Cards and Dominoes sessions held. However the most popular session is the Bingo evening which is enjoyed by tenants and their friends.



Rosebank Place

April Everyone enjoyed the fundraising bingo night which was held in the lounge with proceeds going to Glenlaw House.

May Tenants went to the theatre twice this month. Firstly they went to A Bridge to Broadway in the Starlight theatre and then to the Whitehall theatre for Whizz Kids.

June Rosebank tenants arranged a social evening to coincide with their Scheme Manager, Jackie's 50th birthday. This must have been the best kept secret of the year as imagine her surprise when she was called into the

lounge on a ruse and found all her tenants there. Jackie had no inkling that anything had been going on behind the scenes at Rosebank. An enjoyable evening was had by all.

Tenants also went to the Help for Heroes concert held in the Caird Hall.

There is also a variety of Weekly Activities held in lounge for tenants to enjoy. These include Beauty Therapy, Arts and Crafts class, Bingo and Gentle Exercise. The tenants attending a Gentle Exercise session one day got a bit of a surprise when John Letford, now ex Lord Provost, dropped in for a chat.



GOOD NEWS!! We received £750 from OPEN to keep our Beauty Therapy sessions and Gentle Exercise class going.





Patons Lane

April An Easter Bonnet competition and party was enjoyed by all. Joint winners of the bonnet competition were Jean Flynn and Jessie Dodds.

Bingo night and raffle held in the lounge in aid of Glenlaw House with £240 being raised. The tenants had a great time and were, as usual, enthusiastic in their efforts to raise as much money as possible for this worthy cause.

May There was a good turnout for our sponsored walk over the Tay Road Bridge in aid of Glenlaw House and £604.20 was raised. Even the sun was shining, "Oh yes it was!!!" and everyone was in good spirits.

There was also a fish supper night with Jay Henderson providing the entertainment.

A new experience for tenants was a trip to Perth cinema to see The Exotic Marigold Hotel followed by high tea at The Bothy. It was a great day out and will be repeating the experience in the future.

June Queens Diamond Jubilee party was held and the lounge was decked inside and out in Royal Regalia. Some tenants dressed as The Royal family and it was a hilarious sight. Rule Britannia was certainly the order of the day at Patons Lane.

Our annual trip to Dobbies was well attended and plants for our Patio were purchased in abundance with everyone enjoying a cuppa in the café. We then went onto The Bell Rock in Arbroath for tea.

Tenant, Charlie Edmonds was the grand age of 85 and celebrated this with a special birthday hat and birthday cake as seen in the photo.

Weekly events in the lounge include Wii Games, Zumba exercise class, Games Night, Beauty therapy, Hairdresser, Bingo Night and Tea and toast.

GOOD NEWS!! Awards for All awarded us £2500 to continue our Beauty therapy class for a year. We were also awarded a grant of £480 from OPEN for our Zumba class.

The Olympic Games Wordsearch

G T N C Y R I E P A E R M B D
N Y A O I E T F S G Q P E Z Z
T R M D H E K W C W K K D Q G
P O I N L T I C T Y A Z A B N
R N R H A M A G O P C Q L A I
G Q T C M S S R O H E L S T X
B A B I H Z T I A B R N I Y O
S I N N E T Z I S M E O Z N B
C G V K K R R J C Y M I L G G
G N I T O O H S A S O P J F F
S A I L I N G L B V N M Q X L
J X R V N W E Z N U Y A C G C
D E R V F R N G N C C H D O J
O E B D W X L P P I H C U D P
E L Q H F L A M E B E K J V A

ATHLETE
BOXING
CEREMONY
CHAMPION
CYCLING
FLAME
GYMNASTICS
HOCKEY
MARATHON
MEDALS
RELAY
RIDING
SAILING
SHOOTING
SWIMMING
TENNIS
TORCH

Can you find 17 words in the word square?

Return your entry to your Scheme Manager or Abertay Housing Association, 147 Fintry Drive, Dundee by Friday 14 September 2012.

The winner will receive a £20 voucher.

Name:

Address:

Tel. No.:

FEEDBACK : Now you have reached the end, thank you for taking the time to read this newsletter!

Abertay would be very interested in knowing what you think about it. This newsletter is all about you and the sheltered service you receive so, again, please tell us what articles or news items you would like to see in future editions?

Talk to your Scheme Manager and give them your ideas and comments.

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