

Abertay

Sheltered News



Summer
2015

Love is in the Air!

When Yvonne Anderson came to stay at our Dura Street Sheltered complex in April 2013, little did she know, her life would be changing in more ways than one!

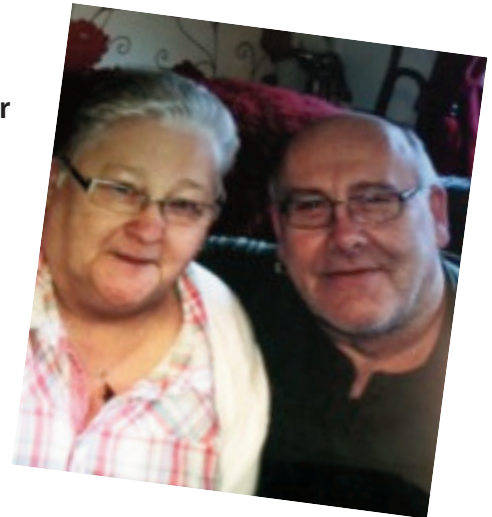
Douglas Barron and Yvonne had been good friends from their early teens. They moved in the same circles and were very fond of each other. However they lost touch when Yvonne got married at 18 and her life moved on. Douglas also married at 22 and concentrated on rearing his five children and the seventeen years spent in the Territorial Army.

Douglas moved to our sheltered accommodation in 2010 and the last thing on his mind was romance. However, when he spotted Yvonne in the complex, shortly after she moved into her new sheltered home, their old friendship rekindled. Fate had brought them together again and they had a lot to catch up on!

Circumstances had changed for both and soon their friendship blossomed into love.

To complete the love story, Yvonne and Douglas were married in March in the presence of their families and close friends.

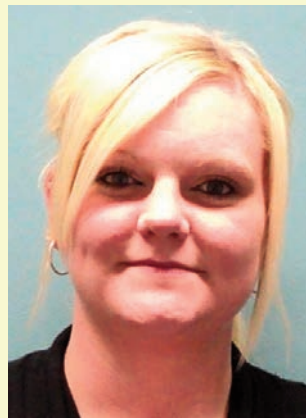
Abertay Housing wishes to congratulate them and thank them for sharing their story with us and we wish them both many years of happiness together in our sheltered accommodation.



Staffing News

Sarah has joined us from the private sector working with vulnerable older people within a care setting.

Sarah will be based at Patons Lane on a part time basis. Gail Nicoll scheme manager at Paton's lane has been seconded to work part time as a community engagement officer.



Sarah-Jane Brown



Gail Nicoll



Dryburgh Gardens

December - It was yet another busy month for Dryburgh Gardens. We started the month off on a high when

we handed over our sleigh full of toys which were donated to Radio Tay's Caring for Kids Appeal. We welcomed Alison from Radio Tay who received the sleigh from residents and friends of Dryburgh Gardens. Santa and his Elf also

turned up in Dryburgh Gardens to deliver gifts to housebound tenants. We also raised £300 for charity in memory of Helen Forbes who sadly passed away. The

charities that Helen supported were RNLI and C.H.A.S. Veronica Gray, Abertay Housing Manager and Helen's daughters handed over cheques, £150 each, to the RNLI lifeboat fund and C.H.A.S.

There was also an Xmas trip to Tillicoultry followed by a visit to St. Michaels Inn for high tea.

We held our Xmas Party at the Queens Hotel with Santa and his Elf presenting a gift to everyone who attended. There was also a Xmas lunch in the complex and Carol Singing with Dundee Instrumental Brass Band followed by coffee, mulled wine and mince pies.

Hogmanay was celebrated with a Champagne Full Scottish Breakfast.

January - A Burns lunch took place and was enjoyed by all who attended. We also held a Pie & Beans tea followed by entertainment by The Happy Eukes Band - another great night.



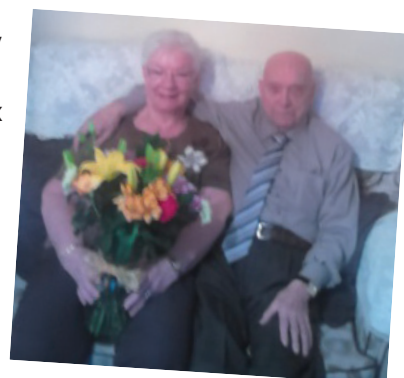
February - A Valentines lunch was held in the complex followed by a general knowledge quiz and winners were 'the dimwits' team who received Valentines chocolates.

March - To promote 'healthy eating' we held a healthy eating lunch in the complex which everyone enjoyed. There was also a St. Patricks lunch in the complex. We were also delighted that Mr & Mrs O'Neill celebrated their Diamond Wedding on 12th March 2015. Abertay sent them lovely flowers for this wonderful occasion which they were celebrating with all their family at the Park Hotel. We also had a beetle drive in the lounge with lots of laughter

and some strange looking beetles!

April - There was an Easter lunch in the complex. We also collected Easter eggs and passed them on to Home Start.

May - An Election Day lunch was held in the complex. We also had a full coach of tenants who went to a Fiddlers Rally in the Caird Hall. And to celebrate the birth of Princess Charlotte Elizabeth Diana we held a Royal Afternoon Tea.



Dura Street

In December we had our Christmas Party in the lounge with entertainment provided by Pearl.

January – We held a table top sale and a Burns Night with Pie and Beans followed by entertainment by John Duncan.

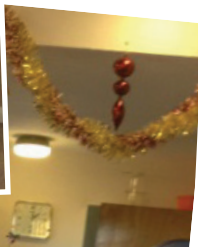
February – A quiz night was held with a raffle and bingo. There were lots of great prizes and all monies raised were paid out on the night.

March – A social night took place in the lounge with entertainment by Gordon McKay.

Weekly events continue which include – Breakfast Club Mon-Fri, Aromatherapy, Chair Aerobics, Bingo, Lunch Club and games.

We were awarded grants for £990 from Dundee Partnership for Aromatherapy and Chair Aerobics and £480 from OPEN for Reiki and Aromatherapy.

Heather Borland, Housing Officer, has successfully secured funding from the NHS Tayside Community Innovation Fund to create a 'Serendipity Garden' and will be involving residents in this project.



February - The Lounge was closed for refurbishment. April - The tenants spent a lot of time and effort making

the lounge more welcoming after the recent refurbishment. The arts and crafts class made some wall art with cushions to match and runners for the tables. We also purchased a

few additional items and everyone agrees the Lounge is looking lovely and welcoming.

May - We held a grand opening night in the lounge with finger buffet and entertainment.

It was a resounding success and a great night was had by all in attendance.

Caldrum Street

December - Xmas was as usual a busy affair. We joined tenants from Rosebank for a Xmas Party at The Letham Hotel. The children from the local nursery came to the complex on 17th December to entertain with Xmas Carols. This was followed by a buffet and refreshments in the lounge.

We held a small Xmas Fayre and raised over £200 for the comfort funds.

January - The tenants held a Scottish Night in the lounge which was enjoyed by all who attended this annual event.



Fintry Mains

December - A Christmas party was held in the lounge which included a 3-course Christmas dinner and entertainment provided by Jay Henderson. A lovely festive time was had by all.

January - A Burns supper party was held at the complex including, haggis, tatties and neeps along with a wee dram which was enjoyed by everyone in attendance. Jay Henderson provided the entertainment.

February - Tenants attended a St. Valentines dance which was held at Club 83.

March - A St. Patricks party was held in the lounge. A fish supper tea and entertainment by The Twa Tenors was enjoyed by all.

April - Easter was celebrated in the lounge with pie and beans for tea followed by an Easter raffle to raise funds for the tenants comfort funds. A few games of Bingo finished off a lovely evening.



Gordon Street

Since December we have enjoyed an assortment of social events including evenings in the lounge with musical entertainment provided by Rab Clark, Lynne McTaggart and Jay Henderson, and with buffet food prepared by Scott Brothers and also by the tenant's social committee.

The tenants still enjoy Beauty Therapy fortnightly, Film Night and Bingo weekly, and get-togethers in the lounge during the day.

December - The big event was the Christmas Party which was held in Camperdown Lodge with 46 tenants and friends enjoying a lovely time with Christmas dinner prepared by Nicattos and entertainment by 'Albert'.

January - There was a New Year Party for Tenants and friends which included entertainment by 'Rab Clark'.

February - We were delighted to celebrate the 90th birthday party which was held for Mrs Kelly who has been a tenant at Cobden Street for 24 years.

March - The Tenants enjoyed an Irish Night to celebrate St Patricks Day with entertainment supplied by Lynne McTaggart.

April - At the end of March and throughout April the complex closed as the lounge was being refurbished. The tenants had a good time at the party held on 22nd May to celebrate the opening of their new look lounge.



Patons Lane

December - Tenants attended the Queens Hotel for their Xmas party where they had a lovely meal followed by entertainment. Tenants returned to the complex where the activities continued with the Christmas raffle being held, along with bingo and entertainment from Jo Ogilvie a great afternoon and evening was enjoyed by all.

January & February - Burns Supper and Valentines lunch held in the complex meal supplied from Tay Cuisine another good evening for all involved.

March - Fish Supper evening held in the complex. The tenants always look forward to these evenings this was followed by bingo and a good get together.

April - The tenants donated Easter eggs for Homestart Dundee this is an organisation who help under privileged families with young children living in the Dundee area. Co-Ordinator Christine Black came out to meet with some of the tenants and have a chat about where the eggs would go to and to explain more about the organisation.

April - Tenants enjoyed a trip out to Tillicoultry Shopping Village followed by high tea at The Birkhill Inn.



Rosebank

January - A Burns night was held in the complex with tatties, haggis and neeps followed by entertainment by Rab Clark.

February - We held a Film night and quiz in the complex which was enjoyed by all who attended.

March - There was a St Patrick's night celebration with fish supper and entertainment by the twa tenors. Everyone agreed it was a great night. We also held a Prize bingo at St Peter and Paul's church hall where £475 was raised for the comfort fund.

April - We held a Film and Cream Tea afternoon in the complex.

May - The tenants enjoyed April's film afternoon so much they wanted to have another one this month and hot dogs and popcorn were on the menu this time.

June - We are planning a trip to a community play in Blairgowrie and also to the SSAFA concert at the Caird Hall.



W	T	E	C	D	P	A	T	O	N	S	L	A	N	E
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V	L	M	C	Y	L	T	H	W	H	S	W	G	H	R
Y	Q	S	A	B	K	I	S	P	O	N	A	Z	I	F
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X	O	S	T	S	D	X	L	D	S	C	P	L	T	C

Wordsearch

- PATONSLANE
- FINTRYMAINS
- CALDRUMSTREET
- ROSEBANK
- DURASTREET
- DRYBURGHGARDENS
- GORDONSTREET



**BORROWING?
OR
STEALING?**

If you're concerned an adult is at risk of harm, it's right to have it checked out.

If you thought a child was at risk of harm, you'd do something about it. It should be no different for an adult. If your instinct tells you something isn't right, don't keep it to yourself.

Adult Protection
Dundee City Council
Dundee House, Floor 2
50 North Lindsay Street
Dundee DD1 1NF
Phone

01382 434019

actagainstharm.org



safer scotland
SCOTTISH GOVERNMENT

Would you like to have a say?

If you would like to get involved and want to be active in Abertay's service provision you can join our Register of Interested tenants:

There are a number of ways Interested Tenants can be involved:

- Customer Surveys
- Local tenant/Focus Groups
- Mystery Shopper
- Walkabout Inspections
- Tenant Scrutiny Panel
- Armchair Membership

If you feel you can get involved in any of the above please contact Sharon Clinton 01382 903545

FEEDBACK : Now you have reached the end, thank you for taking the time to read this newsletter! Abertay would be very interested in knowing what you think about it. This newsletter is all about you and the sheltered service you receive so, again, please tell us what articles or news items you would like to see in future editions?

Talk to your Scheme Manager and give them your ideas and comments.

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