

Action

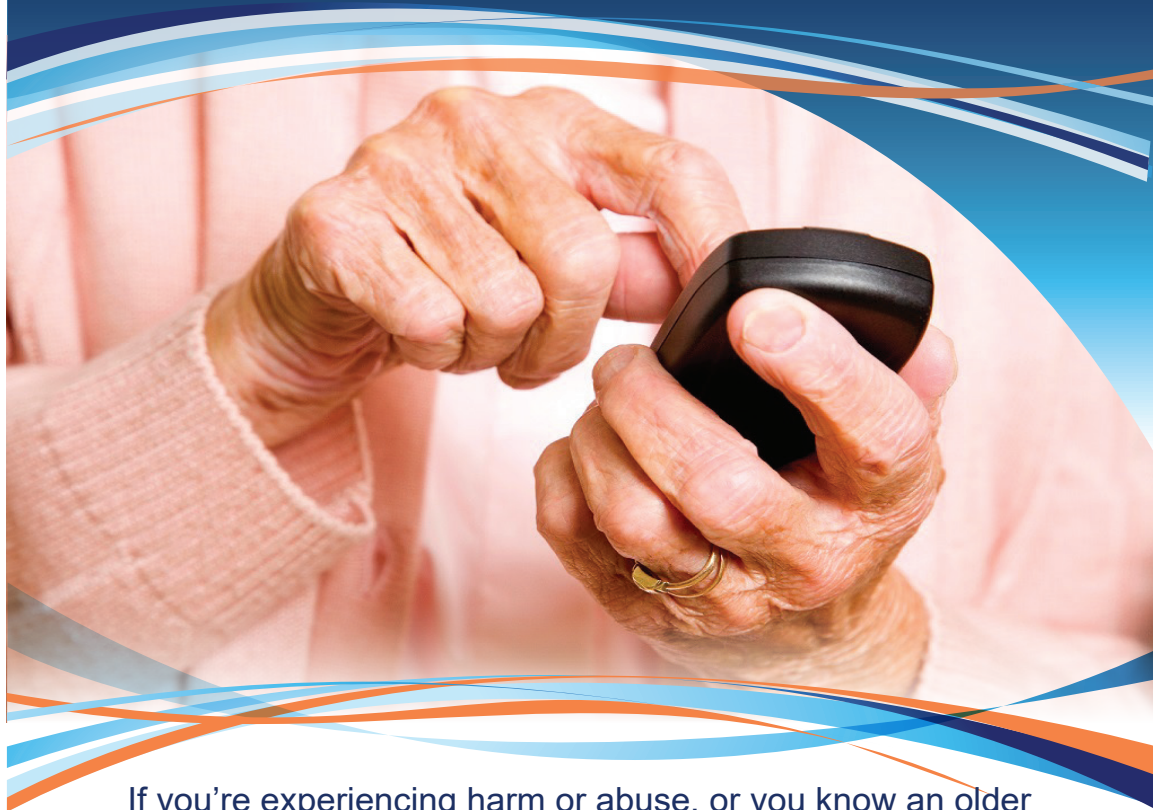
on elder abuse

Scotland

Challenging harm & abuse of older people

Concerned about harm or abuse of an older person?

Help is just a phone call away.



If you're experiencing harm or abuse, or you know an older person who is, call our free and confidential helpline.

Elder Abuse Helpline (Scotland)

 080 8808 8141



Elder Abuse Helpline (Scotland)

Monday - Friday, 9am - 5pm

Are you or someone you care about experiencing harm, abuse or neglect?

Are you worried that you (or an older person) might be at risk, but you're unsure what to do?

Call us today for free and impartial advice and support on:

- financial harm or exploitation
- physical abuse
- emotional or psychological abuse
- sexual harm or abuse
- neglect

Our helpline is entirely confidential, free to call from a landline or mobile, and won't appear on your phone bill.

Our experienced helpline operators (based in Scotland) can help you make the best choices to keep yourself safe, and put you in touch with appropriate local agencies.



If you don't know what to do or can't talk to anyone, don't suffer in silence.

Help is just a phone call away.

 **080 8808 8141**

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